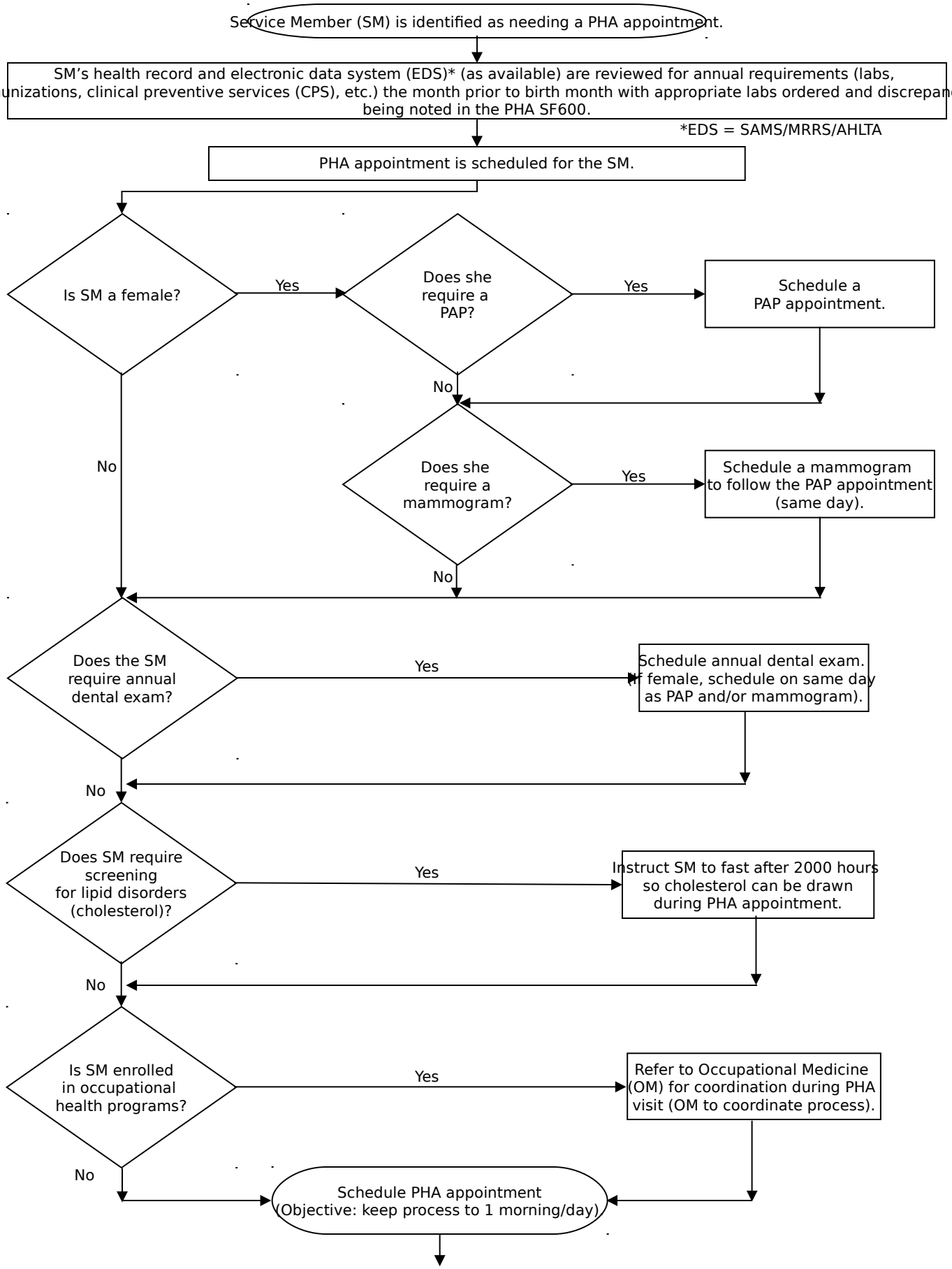
Process Flow for Annual Periodic Health Assessment (PHA)


Service Member (SM) is identified as needing a PHA appointment.
SM's health record and electronic data system (EDS)* (as available) are reviewed for annual requirements (labs, immunizations, clinical preventive services (CPS), etc.) the month prior to birth month with appropriate labs ordered and discrepancies being noted in the PHA SF600.
*EDS = SAMS/MRRS/AHLTA
PHA appointment is scheduled for the SM.
Is SM a female?
Yes
Does she require a PAP?
Yes
Schedule a PAP appointment.
No
No
Does she require a mammogram?
Yes
Schedule a mammogram to follow the PAP appointment (same day).
No
Does the SM require annual dental exam?
Yes
Schedule annual dental exam. (If female, schedule on same day as PAP and/or mammogram).
No
Does SM require screening for lipid disorders (cholesterol)?
Yes
Instruct SM to fast after 2000 hours so cholesterol can be drawn during PHA appointment.
No
Is SM enrolled in occupational health programs?
Yes
Refer to Occupational Medicine (OM) for coordination during PHA visit (OM to coordinate process).
No
Schedule PHA appointment (Objective: keep process to 1 morning/day)

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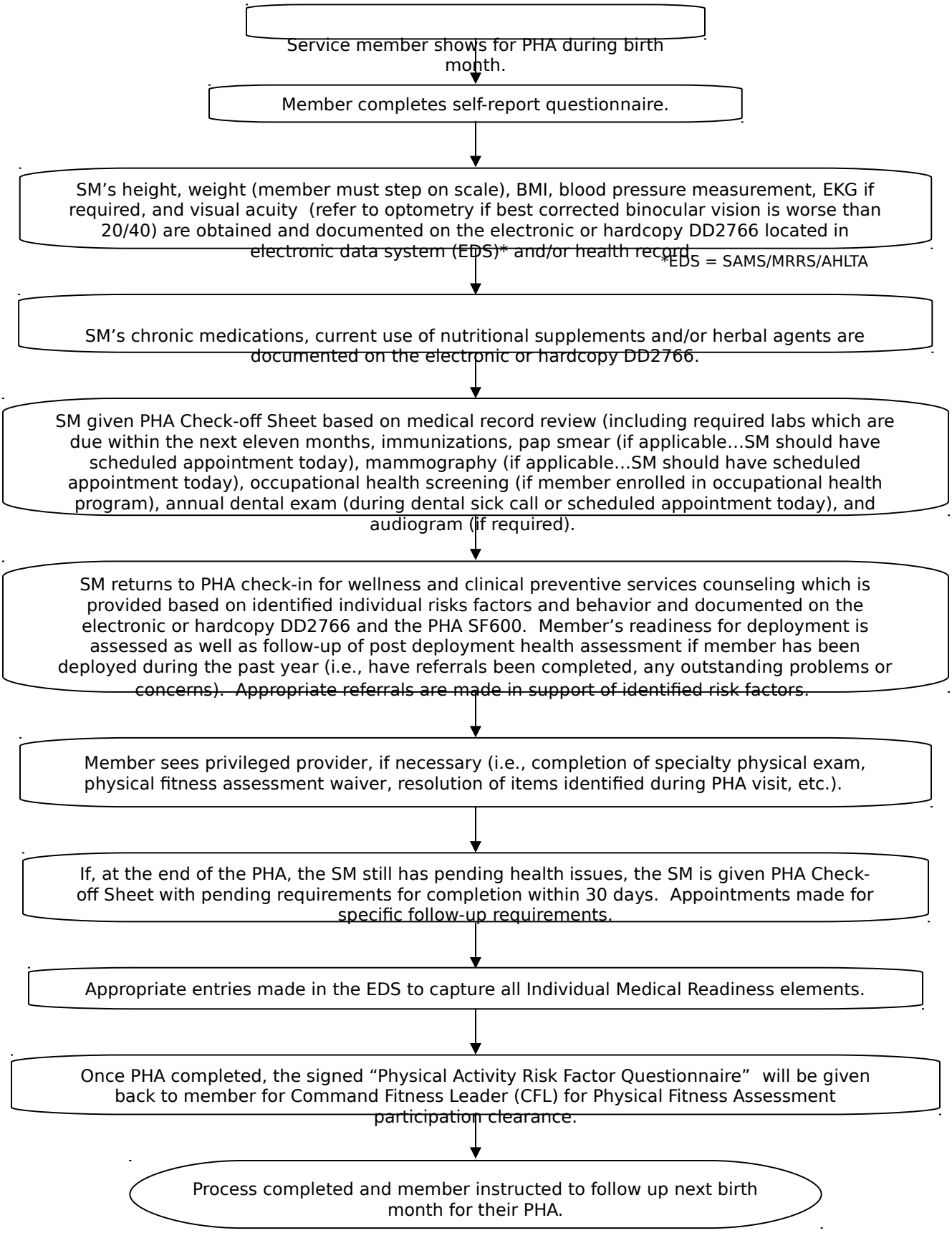
Service member shows for PHA during birth month.
Member completes self-report questionnaire.
SM's height, weight (member must step on scale), BMI, blood pressure measurement, EKG if required, and visual acuity (refer to optometry if best corrected binocular vision is worse than 20/40) are obtained and documented on the electronic or hardcopy DD2766 located in electronic data system (EDS)* and/or health record.
*EDS = SAMS/MRRS/AHLTA
SM's chronic medications, current use of nutritional supplements and/or herbal agents are documented on the electronic or hardcopy DD2766.
SM given PHA Check-off Sheet based on medical record review (including required labs which are due within the next eleven months, immunizations, pap smear (if applicable…SM should have scheduled appointment today), mammography (if applicable…SM should have scheduled appointment today), occupational health screening (if member enrolled in occupational health program), annual dental exam (during dental sick call or scheduled appointment today), and audiogram (if required).
SM returns to PHA check-in for wellness and clinical preventive services counseling which is provided based on identified individual risks factors and behavior and documented on the electronic or hardcopy DD2766 and the PHA SF600. Member's readiness for deployment is assessed as well as follow-up of post deployment health assessment if member has been deployed during the past year (i.e., have referrals been completed, any outstanding problems or concerns). Appropriate referrals are made in support of identified risk factors.
Member sees privileged provider, if necessary (i.e., completion of specialty physical exam, physical fitness assessment waiver, resolution of items identified during PHA visit, etc.).
If, at the end of the PHA, the SM still has pending health issues, the SM is given PHA Check-off Sheet with pending requirements for completion within 30 days. Appointments made for specific follow-up requirements.
Appropriate entries made in the EDS to capture all Individual Medical Readiness elements.
Once PHA completed, the signed "Physical Activity Risk Factor Questionnaire" will be given back to member for Command Fitness Leader (CFL) for Physical Fitness Assessment participation clearance.
Process completed and member instructed to follow up next birth month for their PHA.